

School Number
352-0224
Bus Number
352-2239

Early Education & Family Wellness Centre's Newsflash



Issue Number 1

October 2019



Message From The Principal



Welcome to another exciting year of learning and growing at the Early Education & Family Wellness Centre!! A special welcome to all of our new families. This edition of our newsletter contains a few important reminders. Included in this month's newsletter is a form that you may use to indicate your preference to view future newsletters on our EEFWC web page (<http://www.eefwc.ca>). If you choose this option, you will not receive a paper copy of the newsletter. You will still receive attachments to the newsletters, such as the song sheets, the Scholastic book orders or other important notices. The website is a great resource for other information, too, so we encourage you to visit regularly.

Communication between home and school is extremely important. We encourage you to read your child's agenda book daily and use it to communicate information to the school as well. On the back cover is our school calendar, clearly showing days when there is no school, so if in doubt, please check there first!

PLEASE feel free to contact me if you have concerns or questions about your child's program. I can be reached by telephone at 780-352-0224, ext.222, by email at lynn.hestbak@wrps11.ca or stop by my office when you are in the building.

We are looking forward to a wonderful, exciting, positive year of learning!!

Lynn Hestbak



Arrival and Dismissal Times:

The **morning class** begins at **8:45** and ends at **11:45**. The **afternoon class** begins at **12:30** and ends at **3:30**. The doors will be unlocked at **8:40 and 12:25**. It is difficult for young children to wait, so please do not arrive too early.

At dismissal time, staff will bring the children up to the front and into room 6 (the Family Room). If you arrive early we ask that you wait in the Family Room to prevent congestion in the front hall and doorway. The front entry bench area needs to be available for those children waiting for the bus or a parent who has not yet arrived. Thank-you and we appreciate your cooperation!





Illness:

If your child becomes sick with a fever, diarrhea, or vomiting, please keep him/her home for at least 24 hours after the last symptom has resolved.



Several of our students have compromised immune systems and can become quite ill if exposed to viruses.

For example colds are caused by many different viruses and are common in children. Children with a cold will usually have:

- *Stuffy, runny nose*
- *Sneezing*
- *Cough*
- *Fever*
- *Sore throat*
- *Decreased appetite*



Colds are very contagious. They are spread through close contact with someone who is sick and coughing or sneezing around you. Touching toys or sharing food with someone who is sick can spread the virus. Children do not get colds from cold air or drafts.

Children with colds are contagious for up to five days after they first get sick. You should keep your child at home if they have a fever or are coughing continually.

If any of these symptoms appear during school hours, we will be calling you to come and pick him/her up. If your child, or anyone your child is in regular contact with, comes down with chicken pox, measles, mumps or any other communicable illness, please contact the centre before bringing your child to school.

Thank you very much.



Absences:

- 1) If your child rides the bus and will be away, please call and inform the bus contractor. (780-352-2239)
- 2) If your child is going to be away from school, please call 780-352-0224 to report the absence. If you call after hours, you may leave a message in **the general mailbox (ext. 221)**.
- 3) If someone other than a parent will be picking your child up, please inform staff and tell the pick-up person that we will be asking to see photo identification (if it is the first time).
- 4) You can also use the agenda book to inform the teacher that your child will be away or if there are changes to the pick-up routine.





Parking Lot Safety:



It is very important to know that our parking area by the front door (East Side of the school) is **ONE WAY TRAFFIC ONLY**. You need to enter from the alley side and exit at the other end. There is one row of angle parking available. The alley parking to the north of the school is for staff only. Additional parent/visitor parking is available on 56th Avenue on the south side of the school. (Parking is **not** permitted on the street directly in front of the school) It is important to leave a clear entrance for the bus to pull up to the front door. This allows our children to load and unload the bus safely. There is one designated disabled parking space in front of the school for those people with the proper tag. Please make sure to hold your children's hands to and from your vehicle when dropping off and picking up. If there are children darting across the parking lot by themselves and cars are driving in or backing up it is very difficult to see the children. Ensuring your child's safety is the number one priority at all times!!



Halloween

During the week of *October 28-October 31* we will be doing pumpkin activities. We are asking families if you have any extra pumpkins that you would like to donate to the school that would be greatly appreciated!

Please **do not** send your child to school in a costume on **October 31** as we will have costumes here at the school for dressing up fun!!



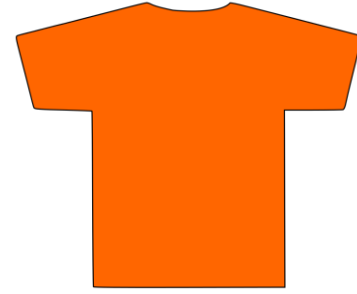
DATES TO REMEMBER:

- Oct. 4- No School**, Non Attendance Day for Students
- Oct. 14- No School**, Thanksgiving Holiday
- Oct. 17- Kids Have Stress Too!** - Parent workshop 4:00-5:30 PM
- Oct. 25- No School**, Non Attendance Day for Students
- Oct. 28-31- Halloween Fun!** No Costumes Please!



Orange Shirt Day

On September 30th we invite you to wear an orange shirt to honour and bring awareness to the experiences of Residential School Students.



The Toy Lending Library is supported with funding from **FCSS Wetaskiwin**, and is available to all residents of the city and county of Wetaskiwin.

The Toy Lending Library is located at:

The Early Education & Family Wellness Centre

5606 47 Street
Wetaskiwin, AB

Toys are appropriate for children aged 0-6, and there is no fee!

Please contact Katie to book a time to browse the library!

780-352-0224

katelyn.reimerdewald@wrps11.ca



Kids Have Stress Too!

October 17, 2019-4:00PM-5:30PM

At The Early Education & Family Wellness Centre

5606 47 St., Wetaskiwin

From the Psychology Foundation Website:

“Developed by The Psychology Foundation of Canada, the Kids Have Stress Too! program helps parents, caregivers and educators understand childhood stress and how to provide children with the tools to deal with stress effectively.”

In this FREE one night workshop, you will learn unique strategies to help your child deal with the stressors of life, for life!

Childcare provided—Please **register** ahead of time.

Everyone welcome!