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Early Education & Family Wellness Centre's

Newsflash



Issue Number: 10

June 2018

Principal's Message...

We have reached the end of another school year! It is definitely a time to reflect and celebrate all that your child has accomplished.

We will be meeting with you in June to review the IPP and year end assessments. For some of you, this is a time for your child to transition to other schools for the 2018-2019 school year. Please let us know if you have questions about this next step or if there are ways we can support you before summer vacation time.

One strategy that we know is helpful for children is to begin talking positively about the "new" teacher, classroom, and opportunities to meet friends. Driving past "your new school" or playing in that school's playground over the summer will also help familiarize your child and prepare them for the changes.

We will be sending home a Summer Activity Calendar as well. It will provide some ideas for continuing to practice skills in a playful way. This will be included with the report cards.

You will be receiving a package that includes report cards, IPP's and final assessments before the end of June. If your child will be leaving school earlier than the last day (Thursday, June 28) please let us know so that we can be sure to have everything ready in time.

Attached to this newsletter is our year end parent survey. We would appreciate it if you would take a few minutes to provide us with feedback about your experiences here at the Early Education & Family Wellness Centre. Your comments are valued and will be used to further develop the program to be sure that we are doing the very best we can to help your children, and future children, become successful learners! You can return the survey with your child in the envelope provided, or drop them off at the front desk. You do not need to sign your name.

In the meantime, there are still lots of days left for learning and fun in the classroom, outside and within the community!

On behalf of the Team at the Early Education & Family Wellness Centre, I want to thank you for allowing us to be a part of your child's life.

I hope that all of you have a wonderful, relaxing, safe and healthy summer!

Lynn Hestbak, Principal

Friendship Vegetable Salad

We will be making a friendship (vegetable) salad on June 14. We are asking if every child could bring their favorite fresh produce (lettuce, spinach, cucumbers, carrots, tomatoes etc.) on that day to help create our salad for the whole class to enjoy!



Hats, Caps, Sunscreen & Bug Spray



Now that the warmer weather is here and the sun is stronger, please send a hat/cap with your child, some sunscreen and bug spray. We will be spending time outside and we would hate for a child to end up with sunburn! **We are asking that you do not send your child in flip flops** as it is not safe for running on the playground and we want all the children to be safe!!



Mental Health Association

During the month of May we collected donations for the Canadian Mental Health Association and we are happy to let you know that we were able to donate \$75.00! Thanks to all for their donations!!



Thank-you!!

We want to say a huge thank-you to the parents and the community members that generously donated to our school throughout the year. We really appreciate all of your support!



Year End Celebration

We will be having our year end outdoor celebration on June 20 (if the weather does not cooperate the alternate day will be June 21). If this is not your child's regular day to attend school they are invited to come that day. Please make sure that your child comes to school with a swimsuit, towel, sunscreen and bug spray! We are looking forward to a day of fun activities in the sun!!



Dates To Remember



- June 14-** Remember to bring your vegetable for friendship salad!
- June 20(alternate day June 21) -** Year End Celebration...don't forget your swimsuit, towel, sunscreen and bug spray!
- June 21-** First day of summer!
- June 28-** Last day for students





Great outdoor learning activities for children

Summer is a great time to take part in outdoor learning activities with your children. Here are some examples. Look for similar opportunities and organizations in your community.

Hikes

Taking a hike is a great way to get outdoors and get some exercise. Provincial and local parks offer trails to hike and many acres to explore. Activities such as scavenger hunts can add a little more structure to the hike. Talk with your children about what you see around you. If you are hiking in a new area, discuss the different plants and animals that you see.

<http://www.albertatrailnet.com/>

Berry picking

This is a great seasonal outdoor activity with immediate payoffs. Children get to see how fruit grows and everyone gets to enjoy the fruits of their labour. Take your berries home and teach your children how to bake a Saskatoon berry pie.

<http://albertafarmfresh.com/>

Astronomy

View the stars from your own backyard. Start with something easily identifiable, such as the Big Dipper., or the moon.

<http://www.lethbridgeastronomysociety.ca/>

Visit a nature center

Many Alberta communities have nature centers that offer family activities. Naturalists may be on hand to answer kids' questions so parents don't need to worry about teaching the subject matter themselves.

<http://tofieldalberta.ca/recreation/attractions/nature-centre/>

Clean ups and trail maintenance

Participating in nature clean-ups or volunteering to do trail maintenance with your kids will model responsible environmental behavior that will help instill those values in your children.

Gardening

Get the whole family involved. What will be in your garden? Try to include flowers, vegetables, and herbs. How big should it be? Who weeds? Who waters? What's the daily or weekly schedule? The garden can be a cooperative effort through which parents can emphasize teamwork and accountability.

This website is chock-a-block with kid friendly gardening ideas, projects, plans, games and inducements to get any kid happily gardening. However, to learn what grows best in your area, and when to plant it, be sure to consult your local garden centre.

<http://www.kidsgardening.org/>

Study the flora and fauna in your area

Can you identify the species of trees that grow in your area? Do you know the names of the wild flowers and when they bloom? What kind of owl is that?

<http://www.wagnerfen.ca/resources>